

CARIBSWEDE VEGAN BAKERY COMPANY

Our Intuitive Courses

PROFILE

CaribSwede Vegan Bakery Company is a Fully PlantBased Family Food Fusion of Sweden & Caribbean.
In our Pantry/Bakery in Earlsfield, London we now also offer different courses in our Intuitive Cooking & Baking
In the hands on courses we only take 3 people at a time. The more informative course we take 10 people at a time



396 GARRATT LANE, EARLSFIELD,
LONDON, SW18 4HP

INFO@VIKING-GOODS.COM

WWW.VIKING-GOODS.COM

07795674063, 07733388069



PLANTBASED

- 1) Basic introduction into PlantBased Food
- 2) Indepth on Protein and Nutrients
- 3) Help to build your own Pantry and Kitchen in PlantBased Food and ingredients.

BREAD

- 1) WITH YEAST
- 2) WITHOUT YEAST
- 3) SWEDISH BREAD
- 4) CARIBBEAN BREAD
- 5) BREAD ART

SWEET BAKES

- 1) BASICS ON REPLACEMENTS
- 2) SPONGE CAKES
- 3) PASTRY
- 4) SEASONAL
- 5) SWEDISH BAKES

PRICE

PLANTBASED COURSES - INFORMATIVE

- 10 people at a time
- £50 per half day (3 hours)
- Home consultancy available

BREAD AND SWEET BAKES

- 3 people at a time
- £60 per half day (4 hours)
- All ingredients is supplied by CSVBC



Our ingredients contains **Wheat, Gluten, Nuts, Sulphites, Celery, Soya**